



Resilient Resources “Overcoming Adversity”

Course: ***12 Seconds In The Dark***
Length: 4hrs
Date: October 11, 2024
Instructor: **(Ret) Sgt. John Mattingly**

Course Description:

While police academies and departments train officers in Standard Operating Procedures, state and case law, first aid, firearms, defensive tactics, report writing, driving, and other skills used while on the streets, they fail to prepare these same officers for scenarios where their world can be turned upside down. Sgt. Mattingly will share his personal experiences with being shot, returning fire, the healing process (both physical and mental), the support or lack of by the department, dealing with false allegations, social media, lawsuits, legal battles, family, what to expect if you are thrown into the national spotlight, and a variety of other topics.

Instructor Bio:

Sergeant John Mattingly, a distinguished 21-year veteran of the Louisville Metro Police Department in Kentucky, dedicated the majority of his career to serving in narcotics and violent crime units with the goal of enhancing the quality of life for the citizens of his beloved city. On March 13, 2020, Sgt. Mattingly gained national attention when he sustained injuries during the execution of a search warrant at the residence of Breonna Taylor.

The ensuing events, marked by widespread protests and global scrutiny, were further intensified by the subsequent death of George Floyd. The perceived lack of transparency from both the police department and the city allowed unfounded speculation and misinformation to proliferate through various channels, including mainstream and social media, celebrities, and athletes. Sgt. Mattingly seeks to provide a factual account of the incident in his nationally bestselling book, "12 Seconds in the Dark."

In addition to his professional endeavors, Sgt. Mattingly has been married to his wife Nicki for 17 years and is a dedicated family man, with four children and two grandchildren.

John Mattingly
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12 Seconds in the Dark: A Police Officer's Firsthand Account of the Breonna Taylor Raid
https://www.amazon.com/dp/1956007016/ref=cm_sw_r_em_api_glt_fabc_3FK23CEQSC3JSRKP8TC6