

Brandi E. Burque, Ph.D.

Dr. Brandi Burque is a licensed clinical psychologist whose career has centered on advancing officer wellness and readiness in law enforcement. She earned her Ph.D. in Clinical Psychology with a specialization in police psychology from Nova Southeastern University in 2009. Her clinical training included an internship with the Captain James A. Lovell Federal Healthcare Center (North Chicago VA) and a postdoctoral fellowship with the United States Army Warrior Resiliency Program, experiences that shaped her expertise in trauma, resilience, and performance optimization for first responders.

Following her fellowship, Dr. Burque served as a staff psychologist with the VA Illiana Healthcare System in Danville, Illinois, where she provided comprehensive mental health services to veterans. In 2013, she joined the San Antonio Police Department (SAPD) as a staff psychologist, serving the department until 2019. During this period, her PRO (Performance & Recovery Optimization) framework was nationally recognized by the U.S. Department of Justice and presented to Congress in 2018 as one of eleven case studies of innovative officer wellness programming.

From 2019 to 2023, Dr. Burque served as the Director of Performance & Wellness Services for the Bexar County Sheriff's Office (BCSO), where she led the development and implementation of wellness initiatives for deputies and civilian staff. In 2023, she returned to SAPD to continue advancing officer wellness, resilience, and performance readiness.

In addition to her work in San Antonio, Dr. Burque consults nationally, traveling to agencies across the country to develop and refine wellness and performance programs tailored to the unique demands of policing. She has also spoken at the FBI National Academy, presenting on Crisis Intervention Training, Critical Incident Stress Management, and post-traumatic stress disorder.

Her professional mission is to equip officers with the tools to sustain resilience not only in the line of duty but also in their personal lives, ensuring long-term readiness and growth.