

Greg Cummins Bio

Greg Cummins has been with the San Antonio Police Department for 18 years where he is currently assigned to the Special Weapons and Tactics detail (S.W.A.T.) He is the training coordinator for the unit and is a part of the Sniper/Observer element. Greg is also a Licensed Professional Counselor (LPC) who treats individuals who suffer from psychological symptoms related to depression, anxiety, PTSD, and psychosis. His internship took place at Kerrville State Hospital where he learned to treat patients within a forensic setting who have been found not guilty by reason of insanity. Following the completion of his second master's degree in Clinical Mental Health Counseling and becoming a fully licensed psychotherapist, Greg continued to work at the Well Mind Center of San Antonio working with many diverse individuals not only in counseling, but as well as in neurofeedback treatment. His experience as a law enforcement officer and a mental health clinician have provided a unique perspective when examining not only individuals involved in critical incidents, but also how officers navigate the complexities of the job and maintain a healthy lifestyle outside of work.

Greg was fortunate enough to collaborate with Dr. Brandi Burke (*SAPD Psychological Services*) as well as the SAPD Wellness Unit where they provide instruction to sworn personnel and cadets in training. Their area of focus is on nutrition, psychology, and neuroscience as it relates to performance with the law enforcement population. Greg holds two master's degrees in Public Administration and Clinical Mental Health Counseling from the University of Texas San Antonio and will be completing his third master's degree in the Fall of 2026 in Educational Psychology from Texas A&M University.